



Creative Crossings Society of Canada

Lee Drever, Public Relations

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Fact Sheet

- Purpose: To establish a national record for human powered travel from Halifax, Nova Scotia to Vancouver B.C. and to raise money and awareness for the Children's Wish Foundation
- Concept: Harnessing four stationary rowing machines to a four-wheeled aluminum cart designed for four rowers and one coxswain (driver).
- Departure date:
 - Monday, May 21nd from Halifax, City Hall.
 - Depart 5:30am
- Estimated time of arrival:
 - Friday, June 1st, Vancouver, City Hall.
- The current record for human powered travel across Canada is 13 days. The Row for the Record Team plans to do it in 12 days.
- Guinness is recognizing the attempt and upon completion the team will be entered into the Guinness Book of World Records.
- Rowing Plan
 - May 21- Mon Halifax, NS - Fredericton, NB
 - May 22-Tue Fredericton, NB - St-Jean-Port-Joli, PQ
 - May 23-Wed St-Jean-Port-Joli, PQ - St. Jovite, PQ
 - May 24-Thu St. Jovite, PQ - Kirkland Lake, ON
 - May 25-Fri Kirkland Lake, ON - Longlac, ON Day6-
 - May 26-Sat Longlac, ON - Ignace, ON
 - May 27-Sun Ignace, ON - Winnipeg, MB

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Row For the Record



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May 28-Mon Winnipeg, MB - Indian Head, SK

May 29-Tue Indian Head, AB - Suffield, AB

May 30-Wed Suffield, AB - Golden, BC

May 31-Thu Golden, BC - Lytton, BC

Jun 1-Fri Lytton, BC - Vancouver, BC

- The RoadBoat is designed by Daryl Musselman of First Principles Engineering.
 - Welding and fabricating by Yess Frames and Arteck Precision Ltd.
 - Wheels are constructed of downhill quality racing hubs and rims.
 - It uses four wheels in the front and one in the back.
 - Each front wheel is powered by a rower who selects his own gearing.
 - Under good conditions, speeds of up to 100km/h are possible.

- The Row for the Record team is made up of many but only 14 of which will travel across Canada.

- Five endurance-athletes will ride in the RoadBoat: Four rowers and one coxswain (driver). One alternate rower is also in training.
 - Rowers:
 - Neil Phipps, Vancouver
 - Dean Hachey, Toronto
 - Kevin Thomson, Vancouver
 - Mike McGuinness, Vancouver
 - Jono Wilcocks, Vancouver

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ROW For the Record



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- Each rower is experienced in endurance racing and all are training on Concept 2 stationery rowing machines.
- The rowers will be followed by a support team traveling in two recreational vehicles.
- Support:

Cheryl Willcocks – Logistics, team dynamics, promotion

Jane Miller – Nutrition, promotion, logistics, driver

Craig Pond – Rowing coach, mechanic, nutrition, driver

R.J. Sauer – Filmmaker

Winston Wong – physiotherapist, masseuse

Bob Mackin - Journalist

Kathleen Pistak - Backup rower, RV driver

Eric Goss- RoadBoat Mechanic, RV Driver

Melanie Dekker - Rower support, RV Driver